

## **Do I have to become a vegetarian if I become a Buddhist?**

Sunday, 15 March 2009 22:03

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No. You do not have to become a vegetarian if you become a Buddhist. However, many Buddhists who follow the Buddha's doctrine find meat-eating disgusting. The Buddha taught his disciples,

If a bhikkhu sees, hears or suspects that it has been killed for him, he may not eat it. (M.I,369)

And this may serve as a guideline for laymen too.