

Research Guideline: scholarly approved to be authentic and genuine.

Internet Sources:

Association for Insight Meditation - Bhikkhu Pesala

<http://www.aimwell.org/>

Mahasi Meditation Center - Buddha Sasana Nuggaha Organisation

<http://web.ukonline.co.uk/buddhism/mahasi.htm>

The Venerable Mahasi Sayadaw's Discourses and Treatises on Buddhism - Mahasi Sasana Nuggaha Organisation

<http://www.mahasi.org.mm/index.cfm>

Books:

Visuddhimagga: The Path of Purification - Bhikkhu Nanamoli (Seattle: Buddhist Publication Society Pariyatti Editions 1991)

Purpose of Practicing Kammatthana Meditation - Mahasi Sayadaw (Yangon: Buddhasasana Nuggaha Organization 1999)

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Mahasi Golden Jubilee - Mahasi Sayadaw (Yangon: Buddhasasana Nuggaha Organization)

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