

**Research Guideline:** scholarly approved to be authentic and genuine.

**Internet Sources:**

*Access to Insight: Readings in Theravada Buddhism*

<http://www.accesstoinsight.org/index.html>

*Association for Insight Meditation - Bhikkhu Pesala*

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*Mahasi Meditation Center - Buddha Sasana Nuggaha Organisation*

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**Books:**

*Digha Nikaya* - Bhikkhu Bodhi (Boston: Wisdom Publications 1995)

*Majjhima Nikaya* - Bhikkhu Bodhi (Boston: Wisdom Publications 1995)

*Samyutta Nikaya* - Bhikkhu Bodhi (Boston: Wisdom Publications 2000)

*Visuddhimagga: The Path of Purification* - Bhikkhu Nanamoli (Seattle: Buddhist Publication Society Pariyatti Editions 1991)

## Basic Dhamma References

Sunday, 15 March 2009 21:59

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